

u3a day

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### **u3a day is here**

u3as are taking part in local events to celebrate the u3a movement and positive ageing

u3a members are celebrating u3a day across the movement.

2 June is the first national u3a day, celebrating the positive experiences that come with being an older adult.

From yarnbombing to readathons to walking cricket matches, u3as are getting out in their local communities, showcasing the talents of their members and exemplifying the positive experiences still to come in older age.

u3as have shared their plans with us - read about them on our special [u3a day blog](#).

We'll also be sharing the amazing things happening across the movement today on our social media - follow us on [Facebook](#), [Twitter](#) and [Instagram](#).

Are your u3a doing something you'd like to share? [Share your photos and stories with us](#).